

24 HOUR URINE COLLECTION

On waking in the morning, begin the test by urinating into the toilet and flushing. Record this as the start time.

Collect every drop of urine you produce during the day and night in the collection bottle. Store the bottle in the refrigerator during the test.

When you wake up the next day urinate and collect the urine in the collection bottle. Record the time as the stop time.

Store the urine in the provided collection bottle in the refrigerator until it can be dropped off at the laboratory.